



**Spring/Summer
2021**



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Executive Corner



An Update from Doris

Attaining and maintaining CARF-accredited status requires a significant effort, strong teamwork and a commitment at all levels. It is my pleasure to let you know that we achieved the Three-Year- Accreditation which will extend through to October 31, 2023. We deserve to be proud of this achievement (special recognition was given to the services at Gatehouse and its caring staff)! Clients and families express a high satisfaction rate with services provided and the relationships are positive with consistent, open communication and participation.

The recommendations (Opportunities for Quality Improvement) will be discussed with the Leadership team at our meetings and we will develop the proper action plans to continue to Aspire to Excellence!

THANK YOU! For all you do — every day!

• Doris

**FUTURE FOCUS –
MAKING A POSITIVE,
GROWTH-ORIENTED
DIFFERENCE IN THE
LIVES OF THE
PEOPLE WE SERVE.**

Summer Connect Zoom Meetings

Please join us to check-in and say hello during the summer months. We will meet every Wednesday at 10am until September 1st, 2021.



Meeting ID: 828 0773 7216

Passcode: 619516

Staff Highlight

Recognizing Tayler Redman

Hello, my name is Tayler and I've been working at Gatehouse since May 2017!

I started at Future Focus at a young age and have had the privilege to learn a tremendous amount since then. Learning directly from our HSCL nurses, occupational therapists, dietitians and many more medical professionals to give our clients everything they need to strive.

Over the years I have met some remarkable people and the memories here at Gatehouse will forever be cherished in my heart. I pride myself in giving my clients the absolute best quality care, going the extra mile, and always choosing kindness.

This pandemic has been extremely tough on everyone and at Gatehouse we have been filling our days with laughter, music, dancing and of course lots of crafts.

Stay safe and healthy!



Thanks for all your hard work & dedication Tayler!

Bridges Day Program

What's New at Bridges

Bridges continues to evolve into a transitional program. A program that views a person's development as multidimensional. The Life Plan model has empowered clients to forge their own destiny.

Life plan choices include finding individual employment, taking courses at North Island College to further education, or accessing programs offered at the CRA (in the fall of 2021).

Life plan choices are also learning cooking skills and shopping skills for further independence.

Bridges contracting continues to provide basic job skills training for new people as well as providing employment for our seasoned members. The difference now is "transition not destination."

We would like to extend a warm "Welcome" to Tim and Carter who are our newest participants! Glad you are here!

Recent Success Story

Great news on the employment front... Marie now has a paid job at Winners in Courtenay!! She will, of course, continue to be the bookkeeper for the Co-op part of Bridges (Bridges Contracting) Way to go Marie!



L'Arche Art Projects

Some Bridges members participated in an Art project virtually at L'Arche.

People chose various shapes and objects to spell out their individual names. This was a very interesting and immersive project which was really enjoyed by all!

Here are pictures of their work below:



Campbell River Day Program

Shaking Things Up in CR

Campbell River Day has been excited to encourage people to try to move their bodies in different ways — this includes a weekly swimming opportunity; random dancing and a real hit has been the Zumba/Latin Lite that is being held outside at the Sportsplex. Campbell River was noted as being the most consistent group in attendance. Way to go team!

New Additions

The addition of two new clients has been a breath of fresh air, we are so pleased to have our new company amongst us. We have explored Greece, Mexico, and Ireland in our cultural and diversity exploration. Some delicious recipes that we have prepared and enjoyed are Greek salad with spanakopita, burritos, and shepherd's pie.



A huge thank-you to our staff member Cheryl who came up with the idea of planters to be brought home or given as a gift and who has been very helpful in the implementation of this project. All team members have contributed to the welcoming and transition of our new additions and the learning and community spirit that is occurring has been inspiring to witness.

Gardening

Seed tapes for the garden this year have been created and are ready to go in the ground. It is safe to say that we are all looking forward to the change in weather and will continue to support each other in the striving to reach of our goals.



Gatehouse Residence & Day Program



Greetings from Gatehouse!

Dealing with the after math of getting hit with Covid-19 at the beginning of January was a huge challenge, but our team “got this!” The process of receiving the vaccinations for clients and staff has been smooth and was eagerly awaited! Thank you to the health professionals who came to the house and made sure our residents received their shots safely!

We did have to say our final “good-bye” to our Miss Linda at the end of January. Her sense of humor and moxie will be missed so very much.

Welcoming Spring & More

With the arrival of Spring, we not only got to see all the beautiful flowers and blossoming trees around Gatehouse, but we also got ready for the arrival of our newest resident, Miss Sarah May, who joined us in April. She loves puzzles, knitting and knows how to wear colorful dresses and matching jewelry! She is teaching us that just when we thought we know it all — well, ...we don't!

On the staffing side — a big “Welcome” to our newest staff members:

Jacqueline Anderson; Shaylet Ngubo, Taylor Finneron, Jeannine Ruest, Samantha Shearman and Charivic Abello! These ladies are a fantastic addition to the Gatehouse Team and we look forward to working with them!

“WHOOOPPEE!” Wednesdays!

Ordinary Wednesdays have been turned into “WHOOOPPEE!” Wednesdays — a day when we are joined by clients from Bridges to participate in a Surprise Activity which is planned by our staff and can range from Arts and Crafts to cooking, music, or a trip with the “old bird” (our bus!!) Even our house dog, Theo, gets involved as he is accompanying Ken from Bridges on his neighborhood walks!

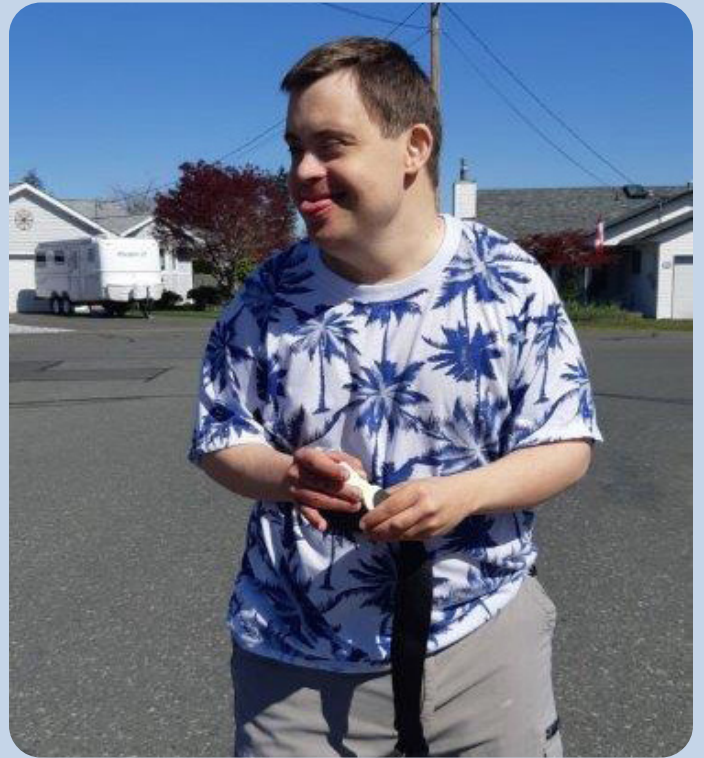
As the COVID 19 restrictions are being slowly lifted, we look forward to a summer picnic with the participants and staff from Bridges, Soderholm and CR Day at Miracle Beach. Surely there will be some great pictures to come for our next Newsletter Edition.

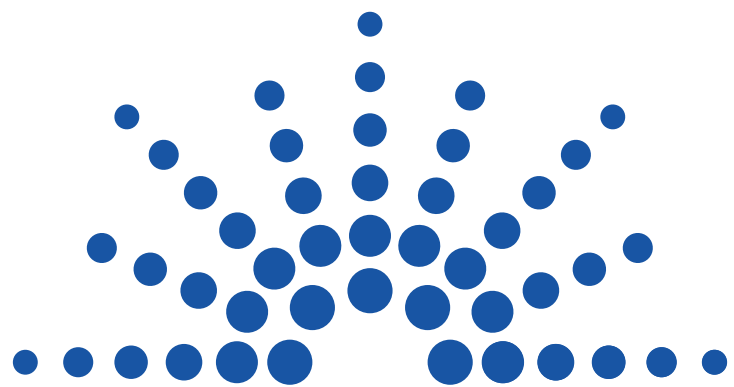
Enjoy a happy and safe summer!



Soderholm Residence & Day Program

Unfortunately, the Soderholm Submission wasn't in in time for print. Please enjoy these pictures instead.





Future Focus

PROGRAM SERVICES INC

Thanks for Reading!

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